

ADVENTURE OUTINGS

SPRING 2015

JANUARY

BUY ONE TRIP, GET ONE HALF PRICE

Tuesday, January 20—Friday, January 23

Four days only! Applies to in-person registrations only; discounted trip must be of equal or lesser value. Visit our office for complete details.

FEBRUARY

BACKCOUNTRY YURT SNOWSHOE ♦

Saturday, January 31—Sunday, February 1

CSU, Chico STUDENT \$23 | FACULTY/STAFF \$33 | GENERAL \$43

AO's backcountry yurt is a winter retreat for the Chico State community. Join us as we snowshoe through one of nature's most beautiful wonderlands to the yurt, complete with a wood-burning stove to keep you toasty warm. If there isn't much snow we will hike instead of snowshoe.

CASTLE LAKE SNOWSHOE AND CAMP ♦♦

Saturday, February 7—Sunday, February 8

CSU, Chico STUDENT \$57 | FACULTY/STAFF \$67 | GENERAL \$77

Imagine snowshoeing around a magnificent, snow-covered ridge overlooking a pristine lake and then camping in its shadow. Come experience Castle Lake in all its winter beauty! If there isn't much snow, we will hike instead of snowshoe.

LASSEN WINTER BACKPACKING ♦♦♦

Saturday, February 14—Sunday, February 15

CSU, Chico STUDENT \$47 | FACULTY/STAFF \$57 | GENERAL \$67

Come and experience the majesty of Lassen Volcanic National Park sparkling white with snow. Let our experienced leaders teach you how to camp in winter conditions and recognize avalanche hazards while backpacking through this fantastic park. Technical cold weather clothing will be required for this trip; contact us for more details.

INTRODUCTION TO MOUNTAINEERING ♦♦♦♦

Friday, February 20—Sunday, February 22

CSU, Chico STUDENT \$59 | FACULTY/STAFF \$69 | GENERAL \$79

Learn the fundamentals of alpine climbing in the Cascade range. If you are looking to climb Mount Shasta in the future, this trip is a great way to practice the basics and apply new skills!

SHASTA SKI AND BOARD ♦

Saturday, February 21

CSU, Chico STUDENT \$106 | FACULTY/STAFF \$116 | GENERAL \$126

Start the semester off right with a great day of skiing and snowboarding. If Tahoe is too crowded or expensive for you, Mt. Shasta Ski and Board Park is the place to be. With over 400 acres of accessible terrain, your day will be filled with nonstop action. Important note: trip cost covers only transportation and lift ticket.

POINT REYES BACKPACKING ♦

Friday, February 27—Sunday, March 1

CSU, Chico STUDENT \$96 | FACULTY/STAFF \$106 | GENERAL \$116

From its thunderous ocean breakers crashing against rocky headlands and expansive sand beaches to its open grasslands, brushy hillsides, and forested ridges, Point Reyes offers over 1,500 species of plants and animals to discover. AO is excited to offer you a chance to backpack in this exotic location.



MARCH

THURSDAY NIGHT WORKSHOP—BACKCOUNTRY COOKIN'

Thursday, March 5

This is no time for Top Ramen! Join AO as we teach you the secrets of the backcountry to create a stunning five-star meal for your next adventure.

LAVA TUBES CAVING AND CAMPING ♦

Friday, March 6—Sunday, March 8

CSU, Chico STUDENT \$98 | FACULTY/STAFF \$108 | GENERAL \$118

For a truly unique experience, join us as we explore the vast underground network of caves at Lava Beds National Monument.

WHISKEYTOWN LAKE KAYAKING ♦

Saturday, March 7—Sunday, March 8

CSU, Chico STUDENT \$77 | FACULTY/STAFF \$87 | GENERAL \$97

Whiskeytown is nestled between the edge of the Klamath Mountain Range and the Central Valley. Come discover Whiskeytown Lake where a bustling gold-mining town once stood. This is a great opportunity to soak up some sunshine and history while enjoying the sport of sea kayaking.

RAFT GUIDE SCHOOL ♦♦♦♦

Friday, March 13—Saturday, March 21 (spring break)

CSU, Chico STUDENT \$299 | FACULTY/STAFF \$309 | GENERAL \$319

Working as a raft guide can be an exciting summer job, and it can open doors to full-time employment around the world. AO can help you get there; we've been training river guides for over 15 years. Check our website or contact us for additional details on this amazing experience.

LOST COAST BACKPACKING ♦♦

Saturday, March 14—Thursday, March 19 (spring break)

CSU, Chico STUDENT \$175 | FACULTY/STAFF \$185 | GENERAL \$195

The Lost Coast Trail is known for windswept beaches and stunning coastline. Join us as we conquer this famous trail.

REDWOOD COAST SAMPLER ♦♦♦

Friday, March 27—Tuesday, March 31

CSU, Chico STUDENT \$132 | FACULTY/STAFF \$142 | GENERAL \$152

This trip will feature backpacking as well as car camping and day hikes. The array of activities will allow us to visit old growth forests, oak woodlands and pristine beaches. The coast of Northern California offers the perfect getaway for those looking to lie under the starlit sky and drift off to a lullaby of crashing waves. Important note: Participation in this trip will involve being out of town on Monday March 30th, which is not a CSU, Chico holiday. Tuesday, March 31st is a CSU, Chico holiday.

INTRODUCTION TO WHITEWATER KAYAKING ♦♦♦

March 31, April 2, 7, 9: Required Pool Sessions 6PM—8PM

Saturday, April 4: Sacramento River (flatwater)

Saturday, April 11—Sunday, April 12: Trinity River (whitewater)

CSU, Chico STUDENT \$148 | FACULTY/STAFF \$158 | GENERAL \$168

Join the AO kayak instructor crew for four pool sessions and three days of on-river instruction. This progression will thoroughly introduce you to the basics of this amazing sport that can become a lifetime obsession. This offering is recommended for people who have previously been on a rafting or inflatable kayaking trip or have similar experience.

APRIL

SACRAMENTO RIVER STAND-UP PADDLEBOARDING ♦

Thursday, April 2

CSU, Chico STUDENT \$15 | FACULTY/STAFF \$25 | GENERAL \$35

Stand-up paddleboarding on the Sacramento River is the perfect way to see river wildlife, cool off in the water, and unwind from a stressful week.

ASSISTANT LEADER APPLICATIONS DUE

Friday, April 3 at 5pm

Interested in joining the AO family? Stop by our office or contact us for more details and take a look at our website for the application link.

TRINITY RIVER RAFTING ♦

Saturday, April 4—Sunday, April 5

CSU, Chico STUDENT \$68 | FACULTY/STAFF \$78 | GENERAL \$88

The Trinity River is one of the most picturesque rivers northern California has to offer. Snowmelt creates crystal-clear water that makes great Class III rapids. With rapids like Z-Drop, Hell Hole, and Fishtail, this trip is a must!

BIG CHICO CREEK WILDFLOWER HIKE ♦

Saturday, April 4

CSU, Chico STUDENT \$11 | FACULTY/STAFF \$21 | GENERAL \$31

Come along as we explore the diverse habitats that exist along the canyon and ridges surrounding Big Chico Creek. This trip may provide a great opportunity to view the spring wildflowers in full bloom.

THURSDAY NIGHT WORKSHOP—BIKE CARE AND REPAIR

Thursday, April 9

Don't wear yourself out riding around Chico on a bike in disrepair! Join AO as we go over the basics of bike maintenance and minor repairs.

BANFF MOUNTAIN FILM FESTIVAL WORLD TOUR

(LAXSON AUDITORIUM)

Friday, April 10—Doors open at 6:30pm

CSU, Chico STUDENT \$10 | OTHER \$12

Whether you are an experienced mountaineer or an armchair adventurer, come celebrate and find inspiration in these mountain experiences, ideas, and visions. Tickets go on sale February 2, 2015, at 9am in the AO office or online at <http://chicobanff2015.brownpapertickets.com>.

TRINITY RIVER INFLATABLE KAYAKING ♦

Saturday, April 11—Sunday, April 12

CSU, Chico STUDENT \$83 | FACULTY/STAFF \$93 | GENERAL \$103

Learn the basics of whitewater paddling and build confidence on the Trinity River's Class II and III rapids. It is hard not to have the time of your life in an inflatable kayak!

TOMALES BAY SEA KAYAKING ♦♦♦

Friday, April 17—Sunday, April 19

CSU, Chico STUDENT \$136 | FACULTY/STAFF \$146 | GENERAL \$156

Join us for this kayak tour of Tomales Bay, the largest unspoiled embayment of California. As you paddle through the waters of this pristine coastal inlet, you will discover breathtaking views and coastal wildlife while uniting with your fellow sea kayakers.

NORTHERN CALIFORNIA RAFTING ♦

Saturday, April 18—Sunday, April 19

CSU, Chico STUDENT \$67 | FACULTY/STAFF \$77 | GENERAL \$87

Come whitewater rafting with us on an exciting stretch of Class II-III whitewater. After spending an exhilarating day on the water, we'll camp nearby and wake up ready for another day of wet and wild excitement. As the trip draws closer, we'll check regional water flows and decide on the best location for the trip.



TABLE MOUNTAIN WILDFLOWER HIKE ♦

Saturday, April 18

CSU, Chico STUDENT \$11 | FACULTY/STAFF \$21 | GENERAL \$31

Spring is here! What better way to enjoy a spring day than a hike among the flowers, lava beds, and waterfalls. Let your mid-semester worries and angst float away for a day as we explore this exquisite area and enjoy its many treasures.

UPPER PARK ORIENTEERING ♦

Thursday, April 23

EVERYONE \$5

Don't get caught not knowing where you are! Learn the art of orienteering with a map and compass, taking bearings, and recognizing topographic features in Upper Bidwell Park.

SANTA CRUZ SURFING ♦

Friday, April 24—Sunday, April 26

CSU, Chico STUDENT \$175 | FACULTY/STAFF \$185 | GENERAL \$195

Enjoy the beautiful beaches of Santa Cruz. Whether you ride giants or have never surfed before, fun is guaranteed. No formal surf instruction is provided, but our staff will be happy to give you some pointers.

BIG RIVER SEA KAYAKING ♦♦♦

Friday, April 24—Sunday, April 26

CSU, Chico STUDENT \$111 | FACULTY/STAFF \$121 | GENERAL \$131

Prepare to feel the power of the ocean as we ride the tides and paddle through old-growth forests in Mendocino. We'll turn around with the changing tide while embracing the gorgeous redwoods as we experience the life and energy that surrounds the Big River area.

AHJUMAWI CANOE AND CAMP ♦

Friday, April 24—Sunday, April 26

CSU, Chico STUDENT \$76 | FACULTY/STAFF \$86 | GENERAL \$96

Ahjumawi translates to "where the waters come together." Like an island, Ahjumawi Lava Springs can be accessed only by boat. Come relax and discover the freshwater springs, lava flows, and magnificent views that this unique wilderness area has to offer.

INTRODUCTION TO ROCK CLIMBING ♦

Saturday, April 25—Sunday, April 26

CSU, Chico STUDENT \$65 | FACULTY/STAFF \$75 | GENERAL \$85

AO is heading to the hills for two days of outdoor rock climbing and one night of camping! Whether you've never climbed before or are an experienced climber ready to get outdoors, this trip is perfect for you.

SACRAMENTO RIVER STAND-UP PADDLEBOARDING ♦

Thursday, April 30

CSU, Chico STUDENT \$15 | FACULTY/STAFF \$25 | GENERAL \$35

Stand-up paddleboarding on the Sacramento River is the perfect way to see river wildlife, cool off in the water, and unwind from a stressful week.

MAY

AMERICAN RIVER RAFTING ♦

Friday, May 1—Sunday, May 3

CSU, Chico STUDENT \$115 | FACULTY/STAFF \$125 | GENERAL \$135

The South Fork of the American River offers some of the best Class III whitewater in California. Spend the weekend paddling a guided raft down rapids during the day and camping out at night.

IRON CANYON CANOE AND CAMP ♦

Saturday, May 2—Sunday, May 3

CSU, Chico STUDENT \$63 | FACULTY/STAFF \$73 | GENERAL \$83

Enjoy the spring weather by paddling the Iron Canyon section of the Sacramento River with AO. This section of river features unique rock features and feels amazingly wild for being only an hour from campus.

SACRAMENTO RIVER STAND-UP PADDLEBOARDING ♦

Thursday, May 7

CSU, Chico STUDENT \$15 | FACULTY/STAFF \$25 | GENERAL \$35

Stand-up paddleboarding on the Sacramento River is the perfect way to see river wildlife, cool off in the water, and unwind from a stressful week.

UPPER PARK MOUNTAIN BIKING ♦♦♦

Saturday, May 9

CSU, Chico STUDENT \$10 | FACULTY/STAFF \$20 | GENERAL \$30

If you've only pedaled on pavement, here's your chance to hit the trails. Join our skilled AO staff as they teach you the tricks and tips of mountain biking. Explore your own backyard as we travel the trails of Upper Bidwell Park in a new way! Bike rental is not included, but we can help arrange it.

YURT HIKE AND YOGA ♦

Saturday, May 9

CSU, Chico STUDENTS \$20 | FACULTY/STAFF \$30 | GENERAL \$40

This yoga retreat will immerse you in the pristine Lassen National Forest. We will visit our backcountry yurt, a canvas, and wood hut. Find time to take a deep breath and listen to the sounds of nature while settling into a variety of yoga positions.

WILDERNESS FIRST RESPONDER COURSE

Tuesday, May 26—Thursday, June 4

CSU, Chico STUDENT \$700 | GENERAL \$750

Designed for outdoor professionals and enthusiasts, this course provides you with the tools to make critical medical and evacuation decisions in remote locations. The course is taught by NOLS Wilderness Medicine Institute. Class will run approximately 8am–5pm daily with one evening scenario and one day off in the middle of course.

TRIP RATINGS

♦ Easy

♦♦ Moderate

♦♦♦ Difficult

