



GET OUT WITH ADVENTURE OUTINGS SPRING 2019



ENJOY LIFE'S ADVENTURES.

LEARN NEW SKILLS.

JANUARY

Buy One Trip, Get One Half Price

Tuesday, January 22–Friday, January 25

First week of classes only! Applies to in-person registrations; discounted trip(s) must be of equal or lesser value. This offer can only be used once per person, per semester. Visit our office for complete details.

FEBRUARY

Lassen Snowshoe

Saturday, February 2

CHICO STATE STUDENT \$35 | FACULTY/STAFF \$45 | GENERAL \$55

This is going to be a day full of adventure! We'll begin bright and early by driving from campus to Lassen Volcanic National Park. From there we'll put on our snowshoes and packs and spend a few hours exploring what this park has to offer. After we've had our fill of snow and adventure, we'll pack up and head home.

Backcountry Yurt Overnight

Saturday, February 9–Sunday, February 10

CHICO STATE STUDENT \$25 | FACULTY/STAFF \$35 | GENERAL \$45

AO's backcountry yurt is a winter retreat for the Chico State community. Join us as we hike or snowshoe through one of nature's most beautiful wonderlands to the yurt, complete with a wood-burning stove to keep you warm.

Lassen Winter Backpacking

Friday, February 15–Sunday, February 17

CHICO STATE STUDENT \$60 | FACULTY/STAFF \$65 | GENERAL \$75

Come and experience the majesty of Lassen Volcanic National Park sparkling white with snow. Our experienced leaders will teach you how to camp in winter conditions and recognize avalanche hazards as you backpack through this fantastic park. Technical cold-weather clothing will be required for this trip; contact us for more details.

Lassen Cross Country Skiing

Saturday, February 16

CHICO STATE STUDENT \$70 | FACULTY/STAFF \$80 | GENERAL \$90

Traverse the snowy hills of the winter wonderland in our own backyard on cross-country skis, and see the park like you never have before. Ski rentals (boots, skis, poles) are included in the price!

Introduction to Mountaineering

Friday, February 22–Sunday, February 24

CHICO STATE STUDENT \$70 | FACULTY/STAFF \$80 | GENERAL \$90

Learn the fundamentals of alpine climbing in the Cascade Range. If you are looking to climb Mount Shasta in the future, this trip is a great way to practice the basics and learn new skills! Technical cold-weather clothing will be required for this trip; contact us for more details.

Winter Outdoor Photography Workshop

Saturday, February 23

CHICO STATE STUDENT \$35 | FACULTY/STAFF \$45 | GENERAL \$55

Grab your camera and join us for a day of snowshoeing and photography in Lassen Volcanic National Park! We will cover a number of techniques to help you capture better photographs in the outdoors. You will receive instruction on how to best use your camera in the outdoors so you can capture your favorite moments. *Cameras are not provided by AO.*

Ski & Board Waxing Workshop (FREE!)

Thursday, February 28 at 6PM

FREE FOR CHICO STATE STUDENTS

Location: AO equipment room (WREC)

A properly waxed set of skis or snowboard can be the difference between an awesome day on the slopes or a day of struggling with your gear. Come by the equipment room, and we'll do a demonstration of how keep your snow gear in top shape. If you stick around afterwards, there will be an opportunity to wax your own board/skis.



MARCH

Backcountry Skiing/Snowboarding

Saturday, March 2

CHICO STATE STUDENT \$35 | FACULTY/STAFF \$45 | GENERAL \$55

Let AO introduce you to backcountry skiing/riding in the beautiful California Cascades. We will cover topics that include: use of skins, how to lay a skin track, and safe route/line selection. We will be skiing/riding intermediate terrain—not steep, avalanche-prone slopes. Online registration is not available for this trip; see AO Office to register. **Participants must be able to ski/ride in powder, on icy snow, and on variable conditions.**

Backcountry Cooking Workshop (FREE!)

Thursday, March 7 at 6PM

FREE FOR CHICO STATE STUDENTS

Location: AO Equipment Room (WREC)

Join AO as we teach you the secrets of creating a stunning five-star backcountry meal for your next adventure.

Women's Weekend

Saturday, March 9–Sunday, March 10

CHICO STATE STUDENT \$25 | FACULTY/STAFF \$35 | GENERAL \$45

Led by strong female guides, this trip will be a great weekend getaway to the Adventure Outings Yurt near Butte Meadows. Join us as we hike, camp, share experiences, and develop new relationships. Anyone is welcome to join us on this accepting and welcoming women's weekend.

Pinnacles National Park Rock Climbing

Saturday, March 16–Friday, March 22 (Spring Break)

CHICO STATE STUDENT \$205 | FACULTY/STAFF \$215 | GENERAL \$225

Embark on a week-long adventure to one of the nation's newest parks: Pinnacles National Park! Enjoy world-class rock climbing while also beginning to learn the skills necessary to climb outside on your own. Note that this trip will have an educational focus and portions will be spent discussing items such as anchor building and site management. No previous outdoor climbing experience necessary, however, WREC belay certification is required.

Introduction to Whitewater Raft Guiding

Saturday, March 16–Thursday, March 21 (Spring Break)

CHICO STATE STUDENT \$250 | FACULTY/STAFF \$270 | GENERAL \$300

Do you love rushing rivers, mossy serpentine canyons, and the roar of whitewater in your ears? If so, immerse yourself in life on the river and learn what it takes to become a raft guide. Check our website for additional details on this amazing experience. For an even more comprehensive experience, combine this trip with the below Swiftwater Rescue Course.

ACA Level 4 Swiftwater Rescue Course

Friday, March 22–Sunday, March 24 (Spring Break)

CHICO STATE STUDENT \$100 | FACULTY/STAFF \$175 | GENERAL \$200

The Swiftwater Rescue course teaches recognition and avoidance of common river hazards, execution of self-rescue techniques, and rescue techniques for paddlers in distress. Emphasis is placed both on personal safety and commonly-used water rescue skills. For an even more comprehensive experience, this course can be combined with the above Introduction to Whitewater Raft Guiding trip.

Wildflowers and Watercolors (NEW!)

Thursday, March 28

CHICO STATE STUDENT \$5 | FACULTY/STAFF \$10 | GENERAL \$15

Come join us on a Thursday evening to explore Upper Bidwell Park's wildflowers and let your creativity flow with some instructed watercolor painting.

Point Reyes Backpacking

Friday, March 29–Monday, April 1 (Cesar Chavez Weekend)

CHICO STATE STUDENT \$95 | FACULTY/STAFF \$105 | GENERAL \$115

From its thunderous ocean breakers crashing against rocky headlands and expansive sand beaches to its open grasslands, brushy hillsides, and forested ridges, Point Reyes offers over 1500 species of plants and animals to discover. AO is excited to offer you a chance to backpack in this exotic location.



APRIL

Assistant Leader Applications Due

Friday, April 5 at 5PM

Interested in joining the AO Family? Stop by our office or contact us for more details, and take a look at our website for the application link.

Big Basin Backpacking

Friday, April 5–Sunday, April 7

CHICO STATE STUDENT \$95 | FACULTY/STAFF \$100 | GENERAL \$105

An AO favorite, the Big Basin area is known for its coastal redwoods and a variety of habitats from freshwater marshes, to high sunny ridges and beautiful beaches. Prepare to be awestruck by the enchanting beauty the Santa Cruz Mountains have to offer!

Lava Tubes Caving and Camping

Friday, April 5–Sunday, April 7

CHICO STATE STUDENT \$110 | FACULTY/STAFF \$120 | GENERAL \$130

From Chico we drive northeast to Lava Beds National Monument, home to a high-desert wilderness, vast lava fields, and an extensive network of more than 700 caves. An Adventure Outings favorite, join us as we explore the vast underground network of caves. If you easily succumb to claustrophobia, we recommend a different trip as some of the cave passages can be very tight.

Banff Mountain Film Festival World Tour (Laxson Auditorium)

Thursday, April 11 & Friday, April 12 | Doors open at 7PM

CHICO STATE STUDENT \$10 | OTHER \$18

Whether you are an experienced mountaineer or an armchair adventurer, come celebrate and find inspiration in these mountain experiences, ideas, and visions. Tickets are available at the CSU, Chico box office or online at chicoperformances.com.

Trinity River Rafting

Saturday, April 13–Sunday, April 14

CHICO STATE STUDENT \$70 | FACULTY/STAFF \$80 | GENERAL \$90

The Trinity River is one of the most picturesque rivers northern California has to offer. Snow melt creates crystal-clear water that makes great Class III rapids. With rapids like Z-drop, Hell Hole, and Fishtail, this trip is a must!

Big River Sea Kayaking

Friday, April 19–Sunday, April 21

CHICO STATE STUDENT \$115 | FACULTY/STAFF \$125 | GENERAL \$135

Prepare to feel the power of the ocean as we ride the rising tide and paddle through old-growth forest in Mendocino. We'll turn around with the changing tide while embracing the gorgeous redwoods as we experience the life and energy that surrounds this place.

Big Chico Creek Day Hike

Saturday, April 20

CHICO STATE STUDENT \$10 | FACULTY/STAFF \$20 | GENERAL \$30

The Big Chico Creek Ecological Reserve is a hidden gem of Chico. Take a day to get out and explore a beautiful section of our own backyard!

Sacramento River Stand-up Paddleboarding

Thursday, April 25 at 4PM

CHICO STATE STUDENT \$15 | FACULTY/STAFF \$25 | GENERAL \$35

Stand-up paddleboarding on the Sacramento River is the perfect way to see river wildlife, cool off in the water, and unwind from a stressful week.

Redwoods Backpacking

Friday, April 26–Sunday, April 28

CHICO STATE STUDENT \$110 | FACULTY/STAFF \$120 | GENERAL \$130

The Redwoods of northern California are well known to be an area frequented by the elusive Bigfoot creature, also known as Sasquatch. Join us as we take in the beautiful scenery on this backpacking trip and try to catch a glimpse of the large, hairy, human-like creature.



Introduction to Whitewater Kayaking

April 16, 18, 23 and 25: Required Pool Sessions 6PM–8PM

Friday, April 26: Local river (moving water)

Saturday, April 27–Sunday, April 28: Trinity River (whitewater)

CHICO STATE STUDENT \$149 | FACULTY/STAFF \$159 | GENERAL \$169

Join the AO kayak instructor crew for 4 pool sessions and 3 days of on-river instruction. This progression will thoroughly introduce you to the basics of this amazing sport that can become a lifetime obsession. This offering is recommended for people who have previously been on a rafting or inflatable kayaking trip or have similar experience.

Trinity River Inflatable Kayaking

Saturday, April 27–Sunday, April 28

CHICO STATE STUDENT \$90 | FACULTY/STAFF \$100 | GENERAL \$110

Learn the basics of whitewater paddling and build confidence on the Trinity River's class II and III rapids. It is hard not to have the time of your life in an inflatable kayak!

MAY

Trinity River Rafting

Saturday, May 4–Sunday, May 5

CHICO STATE STUDENT \$70 | FACULTY/STAFF \$80 | GENERAL \$90

The Trinity River is one of the most picturesque rivers northern California has to offer. Snow melt creates crystal-clear water that makes great Class III rapids. With rapids like Z-drop, Hell Hole, and Fishtail, this trip is a must!

Introduction to Rock Climbing

Saturday, May 4

CHICO STATE STUDENT \$45 | FACULTY/STAFF \$55 | GENERAL \$65

AO is heading to the hills for a day of outdoor rock climbing! Whether you've never climbed before or are an experienced climber ready to get outdoors, this trip is perfect for you.

Wilderness First Responder Course

Tuesday, May 28–Thursday, June 6

CHICO STATE STUDENT \$700 | GENERAL \$750

Designed for outdoor professionals and enthusiasts, this course provides you with the tools to make critical medical and evacuation decisions in remote locations. The course is taught by NOLS Wilderness Medicine Institute. Class will run approximately 8 AM–5 PM daily with one evening scenario and one day off in the middle of course.

