Associated Students of California State University, Chico Resources for Student Employees in Crisis

RESOURCES FOR STUDENT EMPLOYEES IN CRISIS

As you may imagine, in Human Resources we hear about many of our student employees that are dealing with a wide variety of personal challenges that make navigating their academic work, their personal lives, and their work at the AS very challenging. I recently learned about a resource page on the WellCat Counseling Center's website that I thought may be useful to you as you interact with student employees and our student customers. There are very practical "Do's and Don'ts" for a variety of situations such as "The Depressed Student," "The Anxious Student," and "The Suicidal Student." This page also includes numbers for emergency services.

Please take a moment to review this page and bookmark it for future reference.

The campus also has a <u>Campus Assessment Response and Evaluation (CARE) Team</u>. The Team functions as an interdisciplinary at-risk behavioral assessment and support system, focused on early intervention, as well as threat assessment. It is important to note that they are not tasked with responding to emergencies. If you believe that a student should be referred to the CARE Team, visit their website and click on "Make a Report." HR is happy to assist you, however, it is best for the person who has direct knowledge about the student to submit information.

And let's not forget the Red Folder. The Red Folder – it looks like this — should be on the desk top of all AS-owned computers. It leads you to the CSU website with general information to include Response Protocol, Safety Risk Indicators, Resources and Tips and more.

AS Human Resources is here to assist and support you and your students. Please reach out any time. Thank you all for being on the front lines with our more than 450 student employees. I believe we all take the safety and security of our students very seriously. Please check out these resources so you are better equipped to support them.

Thank you.