Sustainable Catering and Food Resources

One of the best ways to attract people to your event is food. That being said, large scale agriculture often leads to negative environmental effects. The following are some resources to guide your efforts to procure sustainable food.

LOCAL AND/OR VEGAN RESTAURANTS AND CATERING IN CHICO, CA

Restaurants
- Chico Chai
- Live Life Juice
- Beber Fresh Almond Milk
- Great Harvest Bread Co.
- Upper Crust Bakery
- Broadway Heights
- OM Foods

Catering
- Creative Catering
- Bacio Chico
- Kinder's BBQ
- Woodstock's Pizza
- Upper Crust Bakery

Larger List of local restaurants and catering: Click this link

LOCAL FARMER’S MARKETS

Saturday Farmers Market:
- Year-round, from 7:30am-1pm
- Downtown Chico Municipal Parking Lot; 2nd St. & Wall St.

Paradise Tuesday:
- June-October
- Alliance Church on Clark Road from 7:30am-1pm

Chico Wednesday:
- Year-round, from 7am-1:30pm
- North Valley Plaza Mall Parking Lot; Pillsbury Road adjacent to Trader Joe’s

Thursday Night Market:
- May-September 23 from 6pm-9pm
- Downtown Chico
Sustainability
Associated Students
Chico State

STORES TO BUY LOCAL GROCERY ITEMS:
- Chico Natural Foods Cooperative
- S&S Produce
- New Earth (Local in Chico and Yuba City)

SEASONAL VEGETABLES AND FRUITS:

<table>
<thead>
<tr>
<th>Spring (March-June)</th>
<th>Summer (July-September)</th>
<th>Fall (September-December)</th>
<th>Winter (December-March)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Vegetables</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beets</td>
<td>Beets</td>
<td>Beets</td>
<td>Beets</td>
</tr>
<tr>
<td>Avocado</td>
<td>Bok Choy</td>
<td>Bok Choy</td>
<td>Broccoli</td>
</tr>
<tr>
<td>Bok Choy</td>
<td>Black Eyed Peas</td>
<td>Arugula</td>
<td>Cabbage</td>
</tr>
<tr>
<td>Broccoli</td>
<td>Carrots</td>
<td>Broccoli</td>
<td>Carrots</td>
</tr>
<tr>
<td>Cabbage</td>
<td>Chard</td>
<td>Chard</td>
<td>Cabbage</td>
</tr>
<tr>
<td>Carrots</td>
<td>Cucumbers</td>
<td>Cucumbers</td>
<td>Carrots</td>
</tr>
<tr>
<td>Cauliflower</td>
<td>Eggplant</td>
<td>Eggplant</td>
<td>Cauliflower</td>
</tr>
<tr>
<td>Celery</td>
<td>English Peas</td>
<td>English Peas</td>
<td>Celery</td>
</tr>
<tr>
<td>Chard</td>
<td>Kohlrabi</td>
<td>Kohlrabi</td>
<td>Kale</td>
</tr>
<tr>
<td>English peas</td>
<td>Lettuce</td>
<td>Lettuce</td>
<td>Lemons</td>
</tr>
<tr>
<td>Kale</td>
<td>Potatoes</td>
<td>Peppers</td>
<td>Spinach</td>
</tr>
<tr>
<td>Kohlrabi</td>
<td>Summer Squash</td>
<td>Tomatoes</td>
<td>Radishes</td>
</tr>
<tr>
<td>Lettuce</td>
<td>Tomatoes</td>
<td>Spinach</td>
<td>Radishes</td>
</tr>
<tr>
<td>Sweet Onions</td>
<td>Radishes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spinach</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Radishes</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Fruits**
- Grapefruit
- Lemons
- Strawberries
- Apricots
- Blackberries
- Lemons
- Nectarines
- Raspberries
- Strawberries
- Raspberries
- Lemons
- Strawberries