

Wildcat Recreation Center - Pool Schedule - Fall 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM							
7:00 AM		Triathlon 6:45 - 8:00am		Triathlon 6:45 - 8:00am			
8:00AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM	Coach on Deck 2:00 - 3:00pm						
3:00 PM				Coach on Deck 3:00 - 4:00pm	Slack or Swim 3:00 - 5:00pm		
4:00 PM				Log Rolling 3:00 - 4:30pm			
5:00 PM							
6:00 PM	Women's Water Polo 6:00 - 8:00pm	Kayak Roll Session 6:00 - 8:00pm (shallow end only)	Women's Water Polo 6:00 - 8:00pm	Kayak Roll Session 6:00 - 8:00pm (shallow end only)			
7:00 PM							
8:00PM							
9:00 PM	Men's Water Polo 8:30 - 10:30pm	Men's Water Polo 8:30 - 10:30pm	Men's Water Polo 8:30 - 10:30pm	Men's Water Polo 8:30 - 10:00pm			
10:00PM							
11:00PM							

