



# Winter Break

Monday Tuesday Wednesday Thursday Friday

January 7 - 16

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 AM					
10:00 AM					
11:00 AM					
12:00 PM	Stretch & Roll 12:00pm - 12:45pm Morgan	30 Minute Spin 12:00pm - 12:45pm Brooke	Stretch & Roll 12:00pm - 12:45pm Morgan	30 Minute Spin 12:00pm - 12:45pm Brooke	
12:30 PM					
1:00 PM					
2:00 PM					
3:00 PM					
4:00 PM					
5:00 PM	Spin 5:00pm - 5:45pm Darniece		Spin 5:00pm - 5:45pm Darniece		
5:30 PM		Interval 5:30pm - 6:30pm Yoseleen		Interval 5:30pm - 6:30pm Yoseleen	
6:00 PM					
7:00 PM					
8:00 PM					