

MONDAY		TUESDAY		WEDNESDAY	
		Virtual GX- Yoga 6:30-7:30am Sophie			
		Virtual GX- Interval 8:00-9:00am Jorden			
Virtual GX- Abs 5:00-5:30pm Caitlin		Virtual GX- Butts n' Guts 5:00-5:30pm Caitlin		Virtual GX- Abs 5:00-5:30pm Caitlin	
Virtual GX- Yoga 6:30-7:30pm Shannon				Virtual GX- Yoga 6:30-7:30pm Shannon	

CLASSES ARE VIRTUAL. Links available on [Linktr.ee/thefitnesschick](https://linktr.ee/thefitnesschick)