

WREC GX Fall 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
6:30 AM		Virtual GX- Yoga 6:30-7:30am Sophie		Virtual GX- Yoga 6:30-7:30am Sophie
8:00 AM		Virtual GX- Interval 8:00-9:00am Jorden		Virtual GX- Interval 8:00-9:00am Jorden
11:00 AM				
3:30 PM				
4:00 PM				
5:00 PM	Virtual GX- Abs 5:00-5:30pm Caitlin	Virtual GX- Butts n' Guts 5:00-5:30pm Caitlin	Virtual GX- Abs 5:00-5:30pm Caitlin	Virtual GX- Butts n' Gutts 5:00-5:30pm Caitlin
6:30 PM	Virtual GX- Yoga 6:30-7:30pm Shannon		Virtual GX- Yoga 6:30-7:30pm Shannon	Virtual GX- Fuego 6:30-7:30pm Yoseleen

ALL CLASSES ARE VIRTUAL. Links available on [Linktr.ee/thewrec](https://linktr.ee/thewrec)